

## CITY STUDENTS GUIDE TO SUMMER CAMP 2019

THE CITY STUDENTS TEAM IS INCREDIBLY EXCITED AS WE PREPARE TO SPEND TIME THIS JUNE AT THE BEAUTIFUL OCOEE RETREAT CENTER (ORC). ALL STUDENTS WHO HAVE COMPLETED GRADES 5-12 FOR THE 2018-2019 SCHOOL YEAR ARE INVITED TO JOIN US.

- OUR MIDDLE SCHOOL CAMP (RISING 6-RISING 8) WILL TAKE PLACE JUNE 15-18
- OUR HIGH SCHOOL CAMP (RISING 9-GRADUATED) WILL TAKE PLACE JUNE 19-23

WE REALIZE THAT SUMMER SCHEDULES FILL UP FAST WITH VACATIONS, PRACTICES, AND CAMPS, BUT WE BELIEVE THIS EVENT COULD BE THE MOST SIGNIFICANT EXPERIENCE OF YOUR SON OR DAUGHTER'S SUMMER.

STUDENTS WANT TO HAVE FUN DURING THE SUMMER, AND THE ORC FACILITIES CERTAINLY DELIVER ON THAT FRONT. WHETHER IT'S WHITE WATER RAFTING ON THE OCOEE RIVER OR RIDING IN A TUBE AROUND THE WAVE POOL OR SWINGING THROUGH THE CAMP'S HIGH ROPES COURSE, STUDENTS WILL HAVE A BLAST!

BEYOND THE FUN, THESE DAYS PROVIDE THE SPACE TO GET AWAY FROM DISTRACTION AND SEEK JESUS TOGETHER. OUR DAYS WILL INCLUDE PERSONAL DEVOTIONAL TIME, SMALL GROUP TIME, BREAK OUT CLASSES, AND WORSHIP SERVICES. WE BELIEVE STRONGLY, BASED ON YEARS OF WORKING IN STUDENT MINISTRY, THAT CAMPS CONSISTENTLY PROVIDE A UNIQUE ENVIRONMENT FOR STUDENTS TO HEAR THE GOSPEL AND GROW IN THEIR RELATIONSHIP WITH JESUS.

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### CAMP CONTACT INFO AND COTC STAFF

\*Due to very limited cell service, please contact the ORC office for any emergencies.

OCOEE RETREAT CENTER  
186 HAWKINS DRIVE  
OCOEE, TN 37361  
423-338-9575 (office)

[www.ocoeretreatcenter.com](http://www.ocoeretreatcenter.com)

Matt Vairetta – FR Next Gen Pastor  
Robbie Roate – FR Pastor  
Elizabeth Haigh – FR Middle School Coord.  
Jamie Keiser – FR High School Coord.  
Angie LoSchiavo – FR Director of Ops.

Brantley Pollock – Worship Leader  
Brendan Owen – SH Pastor  
Meredith Gambrell – SH Operations Coord.  
Anthony Lopez -  
Charles Tolbert – EN Pastor

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## EXAMPLE OF CAMP SCHEDULE:

*\*THE BELOW SCHEDULE IS FOR EXAMPLE PURPOSES ONLY AND IS SUBJECT TO CHANGE.*

### FIRST DAY

7:30 AM – CHECK IN  
9:00 AM – BUSES DEPART  
12:00 PM – STOP FOR LUNCH  
2:30 PM – ARRIVE / UNPACK  
3:00 PM – ORC ACTIVITIES  
6:00 PM – DINNER  
7:15 PM – GENERAL SESSION  
8:30 PM – SMALL GROUP TIME  
9:45 PM – LATE NIGHT ACTIVITY  
11:00PM – LIGHTS OUT

### DAILY SCHEDULE

7:00 AM – BREAKFAST  
7:45 AM – GENERAL SESSION  
8:30 AM – DEVO TIME / SMALL GROUP TIME  
10:00 AM – ORC ACTIVITIES  
12:30 PM – LUNCH  
1:00 PM – ORC ACTIVITIES  
6:00 PM – DINNER  
7:15 PM – GENERAL SESSION  
8:30 PM – SMALL GROUP TIME

9:45 PM – LATE NIGHT ACTIVITY  
11:00PM – LIGHTS OUT

### FINAL DAY

7:00 AM – BREAKFAST  
7:45 AM – DEVO TIME / SMALL GROUP TIME  
9:00 AM – GENERAL SESSION  
10:30 AM – LOAD BUSES / DEPART  
12:00 PM – STOP FOR LUNCH  
1:30PM – ARRIVE BACK AT COTC

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## GUIDELINES

1. Be present and on time to every event including meals, teaching sessions and activities.
2. No student is allowed to be in the room of the opposite sex.
3. Cell phones are not allowed at summer camp. Please have your student leave all technical devices at home. If there is an emergency, you can contact the Ocoee Retreat Center at 423-237-7820.
4. Alcohol, non-prescriptive drugs, tobacco products, firearms, fireworks and knives are strictly prohibited.
5. Ocoee Retreat Center is your home for the weekend. Please help us keep the grounds as clean as possible. Proper respect for the camp facility is expected.
6. Please bring your Bible and something to write with to all teaching sessions.
7. Please be in your room by the designated time on your camp schedule. The “lights out” policy has been placed on the schedule for security reasons. Students will not be allowed outside of their rooms after curfew. This policy will be enforced because we want you to be at your best for all camp activities.
8. All student medications must be checked in and registered with our Camp Nurse.
9. All injuries are to be reported immediately to one of our City Student staff members.

Reminder: Don't forget to follow these guidelines. They will help to make our summer camp the best ever! You alone are responsible for your actions at camp. You are accountable to God and to the direct authority of the City Students staff and the Ocoee Retreat Center staff.

# CITY STUDENTS GUIDE TO SUMMER CAMP 2018

## PACKING LIST

- Sleeping Bag or Blanket & Sheet (twin)
- Pillow
- Towel & wash cloth
- Swimsuit - see note below regarding swimsuits
- Sandals, Water Shoes or Old Sneakers (for rafting & adventure race, no flip flops)
- Flash Light
- Toiletries (toothpaste, toothbrush, soap, shampoo, etc.)
- Sun Screen
- Bug Spray
- Rain jacket
- Water Bottle
- Clothes for the Duration of your Stay
- Bible/pen/journal
- **Required:** We will be making a stop for lunch at a fast food restaurant on the departure trip and return trip. Please send enough money with your student to cover the cost of both lunches.
- Optional: Extra money if your student will want snacks from the ORC Snack Bar. Prices range from \$.25-\$1.00

### For Rafting – 12 and older

- Shorts/Swimwear
- Sandals, Water Shoes or Old Sneakers (for rafting & adventure race, no flip flops)
- T-shirt
- Sunscreen
- Sunglasses
- Eyeglass Strap

### **A FEW WORDS ABOUT CLOTHES...**

Even with the constantly changing trends in fashion, we should dress modestly and appropriately. These principles apply to both sexes:

1. Appropriate and modest clothing must be worn for all events such as general sessions, breakouts, free time and all other activities.
2. All clothing is subject to City Students staff approval. If a staff member feels that an article of clothing is inappropriate, he or she will ask the student to change immediately.
3. Bathing suits: Ladies may wear a one piece or tankini. No two-piece bathing suits will be allowed, even with a t-shirt. Guys-no speedos.