

**SERIES:** AS FOR ME & MY HOUSE

**WEEK:** MAY 17 - PEACE

## OPEN IT UP

AS A FAMILY OR GROUP, DESCRIBE SOMETHING THAT FEELS PEACEFUL. MAYBE IT'S A FAVORITE PLACE TO GO OR A FAVORITE ACTIVITY. FOR PRESCHOOLERS AND KIDS, ASK WHEN THEY FEEL MOST CALM, SAFE AND WHY.

## TAKE IT FURTHER

### **PRESCHOOL & ELEMENTARY:**

- 1) WHEN YOU'RE AFRAID OR SAD, WHAT HELPS YOU TO FEEL BETTER? (EX: FAVORITE TOY OR BLANKET, LEAVING A LIGHT ON, PLAYING MUSIC.)
- 2) WHAT'S A WAY YOU REMIND YOURSELF TO PRAY AND ASK GOD FOR PEACE WHEN YOU FEEL AFRAID OR SAD OR DISAPPOINTED?

### **STUDENTS:**

- 1) JESUS SAID THAT THE PEACE HE GIVES IS NOT LIKE THE PEACE THE WORLD GIVES. WHAT ARE SOME THINGS THE WORLD OFFERS THAT YOU'VE USED TO FEEL PEACEFUL?
- 2) WHENEVER JESUS IS PRESENT, PEACE IS POSSIBLE. BECAUSE WE KNOW THAT HE IS PRESENT IN US AND WITH US WHEREVER WE ARE, WHAT ARE SOME WAYS YOU COULD REMIND YOURSELF OF THE PRESENCE AND PEACE OF JESUS NEXT TIME YOU FEEL ANXIOUS?

### **GROUPS:**

- 1) WORRY AND ANXIETY ARE SO PREVALENT IN OUR CULTURE THAT WE'RE MORE FAMILIAR WITH THEM THAN WE ARE WITH PEACE, BUT THE NEW TESTAMENT TELLS US THAT THE MIND CONTROLLED BY THE SPIRIT IS LIFE AND PEACE. WOULD YOU DESCRIBE YOUR MIND MOST OFTEN AS A PLACE OF LIFE AND PEACE? WHY OR WHY NOT?
- 2) WHAT ARE SOME TANGIBLE WAYS YOU COULD WORK TO CULTIVATE THE PEACE JESUS HAS MADE AVAILABLE TO YOU? HOW CAN YOU RENEW YOUR MIND AND FILL YOUR SOUL?

## LOOK IT UP

**MATTHEW 11:28-30 | JOHN 14:27 | JOHN 16:33**

**ISAIAH 26:3 | PHILIPPIANS 4:6-7**

## TRY IT OUT

### EVERYONE:

CONSIDER COMMITTING ONE OF THE LOOK IT UP SCRIPTURES TO MEMORY. WRITE IT OUT AND PUT IT ON THE CAR DASHBOARD, THE REFRIGERATOR, OR THE BATHROOM MIRROR. LET THOSE WORDS OF TRUTH BE YOUR GO-TO WHEN FEAR OR ANXIETY BEGIN TO CREEP IN. HELP KIDS MEMORIZE THEIR VERSE BY USING HAND MOTIONS. PERHAPS CHOOSE A VERSE AS A FAMILY OR COMMUNITY GROUP AND HAVE EVERYONE MEMORIZE THE SAME ONE TOGETHER AND THEN CONTINUING MEMORIZING SCRIPTURES TOGETHER UNTIL YOU HAVE A STOCKPILE OF VERSES TO USE IN CULTIVATING PEACE.

## CLOSE IT OUT

### FAMILY:

GOD, THANK YOU FOR GIVING US PEACE THAT WE CAN COUNT ON WHEN THINGS ARE SCARY OR WE FEEL SAD. PLEASE HELP (CHILD'S NAME) TO KNOW THAT YOU LOVE HIM/HER AND WILL NEVER EVER LEAVE, SO THAT'S WHY HE/SHE CAN HAVE PEACE. THIS WEEK, HELP US REMEMBER TO STOP AND PRAY WHEN WE FEEL ANXIOUS, BECAUSE YOU ALREADY HAVE PEACE WAITING FOR US. WE LOVE YOU, AMEN.

### GROUPS:

AS EACH OF YOU IDENTIFY SOURCES OF ANXIETY OR FEAR IN YOUR LIFE, BE WILLING TO LET THE MEMBERS OF YOUR GROUP KNOW AND COVER THOSE AREAS IN PRAYER FOR THE PEACE OF JESUS TO PREVAIL. COMMIT TO PRAY FOR EACH OTHER AND ENCOURAGE ONE ANOTHER WITH WORDS AND TEXTS OF TRUTH THROUGHOUT THE WEEK.