

At COTC one of our core values is neighborhoods and we currently have a great opportunity to serve the city of Nashville by supplying masks to protect the homeless population who are sheltered downtown. We are grateful that the body of Christ is coming together in such incredible ways during these unprecedented times — Our goal is to make **400** masks as soon as possible. If you are an avid seamstress or new to the craft, we'll take the help either way! Below you will find a pattern for a mask and a list of instructions once completed.

We are hoping to complete this goal by Friday, May 15th.

Now, to get started!

- **1 Get sewing!** Please feel free to share this template and instruction sheet with anyone who would like to contribute. 400 masks is a lot, but we are confident we can meet that goal! If you have another template you are welcome to use it, but keep in mind that there is a large need for the XL sized masks and ribbons will allow for a better fit for some than elastic might.
- **2 Need Fabric?** We have had a small donation of fabric donated to the church. Please email **care@churchofthecity.com** if you would like to set up a time to come pick up some fabric from our Franklin church. Supplies are limited.
- **3 Drop off.** Bring completed masks to the church and place them in the specially marked bin outside entrance B Monday Thursday. We will take care of washing these before they are delivered to our neighbors.



FACE MASK PATTERN

by hellosewing.com

test square

1 inch x 1 inch

test square

2cm x 2cm

Size L - large faces, men

Size M - fits most adults, women and teens

Size S - kids, age 6-12



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Snug-Fit Face Mask with a Filter Pocket

Full illustrated step by step instructions, fabric and materials recommendations, and downloadable PDF pattern at https://hellosewing.com/face-mask-sewing-pattern/ Copyright © 2020 Hellosewing.com - All Rights Reserved

These instructions are for a snug-fit, contoured face mask. You can make masks in three sizes – S (kids), M (most adults, women and teens) and L (large faces, men).

SUPPLIES AND TOOLS:

- main fabric about 13"x 7", cotton (tightly woven, pre-washed)
- lining fabric about 13" x 6", cotton (tightly woven, pre-washed)
- 5 feet of ribbon, cut in 2 equal lengths (2 ½ feet per side)
- scissors (or rotary cutter and a cutting mat)
- iron and ironing board
- sewing machine (or you can do it by hand)
- small metal strip/wire (optional)

INSTRUCTIONS FOR SEWING THE FACE MASK:

- 1. Print the pattern. Print at 100% (no scale) on US letter paper. Measure the square test box to ensure the sizing is correct.
- 2. Pin the pattern to fabric and cut the fabric pieces (cut 2 from main fabric and 2 from lining fabric). The seam allowance is 1/2 inch and is already included on all sides, except for the ear side, where you should add an additional one-inch seam allowance when cutting out the outer fabric. Repeat with the lining fabric, but this time, do not add seam allowance to the ear side.
- 3. Join the curved center seams by placing the pretty sides together and sewing along the curved line. Do this for each of the layers.
- 4. Clip the curved seam allowance $\frac{1}{2}$ inch apart. Be careful not to cut into the stitches.
- 5. Press the seam allowances to different sides so that it does not bulk in once place.
- 6. (Optional) Topstitch near the seam line on the side where the seam allowance is.
- 7. Fold the ear side of the inner layer over ¼" twice and sew. (Repeat for the opposite side)

- 8. Join the layers together. Put the inner layer on top of the outer layer, right (pretty) sides facing each other so that the upper and lower edges align. Pin in place. Stitch the bottom and top seam lines. Clip the top seam allowance to allow it to lay flat. If you did everything right up to this point, you will find that the side edge of the outer layer is a about an inch away from the side edge on the inner layer.
- 9. Turn the mask inside out and press well.
- 10. (Optional) Topstitch top and bottom parts
- 11. Fold the raw side edge of the outer layer over twice to make a casing. Before you sew make sure that it meets the edge of the lining and does not overlap it. Sew. (Repeat for the opposite side)
- 12. Insert the ribbon through the casing, and tack down each corner so the ribbon cannot come out. (Repeat for the opposite side)

Congratulations! Your face mask is now ready. Please make as many as you want and are able, and email care@churchofthecity.com if you have any questions!